



The Parkside School

learn grow thrive

Autumn Term 2 Newsletter 2022

Number 260



Key Dates for your diary

Wednesday 4 January

Start of school term for pupils

Friday 13 Jan

Sensory Show - Paul Goldsmith

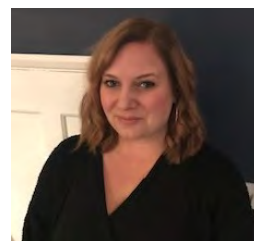
'A Time to Talk' is back!



The monthly parent and carer coffee mornings are starting again after Christmas with our PSA's, Natasha and Vickie and Emma Blake (Community Development), who shall be welcoming you to join them at Surlingham House for hot drinks served by Pathways.

Keep an eye out for dates to be sent out next term.

A Message from Mrs Ellis-Gage



Well done Parkside for a wonderful half term. The highlight for me personally was the trip on the Polar Express with pupils, absolute magic as they met Father Christmas! I have also really enjoyed watching the nativities too, such lovely performances from all the pupils.

As we come to the end of term we are saying goodbye to some staff, Alice Platt, Katie Black, Becky Bowen and Jade McCarter are all moving on to exciting new projects. We wish them all well and hope they stay in touch.

We are welcoming in two new teachers, Amy Webb and Phil Omerod and are excited to show them the brilliant work Parkside does. A big thank you for all the support you have given us this year.

We wish you all a fun and restful break.

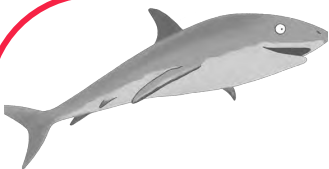
Class News



This half term Octopus have been learning about space!

They have learnt the order of the planets using a 'cheeky' mnemonic and learnt how the planets rotate around the sun by engaging in physical activities on the playground.

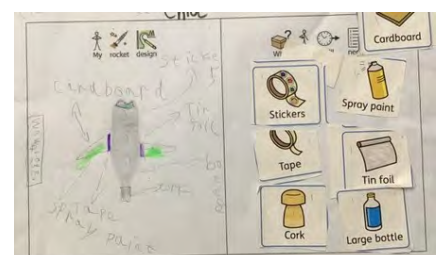
In their ART lessons they have been designing and creating space related ART. They designed and created their own spaceships! **Great work!**



Shark Class have enjoyed designing and making their own rockets this half term.

They thought about which materials they should use, before following their designs and building their rockets.

We have also worked on making rocket shape poems and writing descriptions with support. Keep an eye out on Earwig for some photos of our rockets being launched!





Turtle class have really enjoyed Horse-riding this term with the RDA Yare Valley!

We were given special Rosettes as a celebration for our achievements and being so safe outside of the school environment.

Wonderful work Turtles!



In Seahorse Class, we have been learning about Space.

We have written our own information text about a chosen planet during our English lessons.

We have created edible earths when learning about the different layers and have created lots of fabulous art work using different methods of mark marking.



In PE, we have been working on our teamwork skills. **Super work!**



In Rhino we have been enjoying our space topic this half term.

We have made rocket packs and alien moon craters.

Rhino pupils are currently in the middle of writing a non fiction book about the solar system. **Brilliant effort guys!**





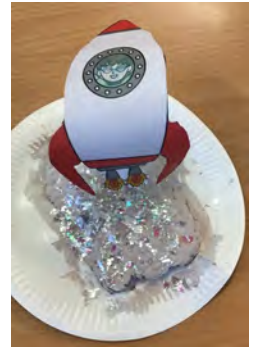
Rowan class have really enjoyed learning about Space this half term. We have learnt about our solar system and the way the Earth orbits the Sun, with fun practical activities.



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or-

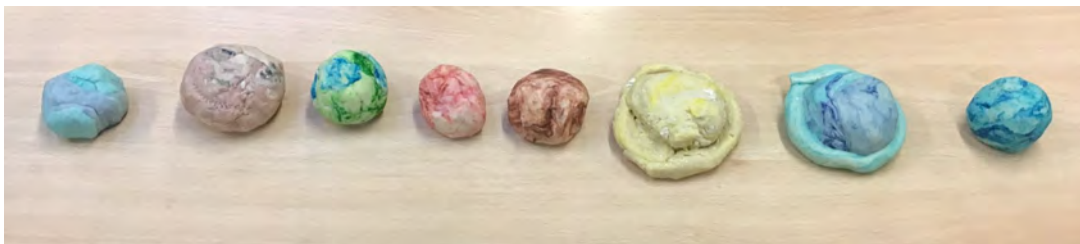
We have enjoyed our space themed books in English too, especially 'Meet the planets' by Caryl Hart.

We have particularly enjoyed incorporating Space into our art work this term and have worked with a variety of materials, such as clay for our moon models. **What a Spacetacular term we have had!**



Lion Class have been working really hard recently, learning about the planets of the solar system.

We made playdough using salt, flour and water, added food colouring and made a representation of each planet to collectively produce the solar system. **Well done Lions!**



Sycamore Class have enjoyed learning all about space and getting inspired by Katherine Johnson. We have also been doing lots of festive activities, like these beautiful gift bags, to get ready for the holidays.

For the Nativity performance we took on behind the scenes roles in the Nativity, making programmes and acting as stewards. **Super work Sycamore!**





This half-term our whole school topic was Space.

Maple class enjoyed learning all about our solar system and researched each planet.

We learnt about the incredible human calculators that are Katherine Johnson, Dorothy Vaughan and Mary Jackson and the work they did to send space shuttles safely to the moon and back. We considered the changes they made for black women in America.



In English we looked at Oliver Jeffer's book 'Here We Are' and had a go at writing and illustrating our own version of the book.

An out of this world half-term in Maple!

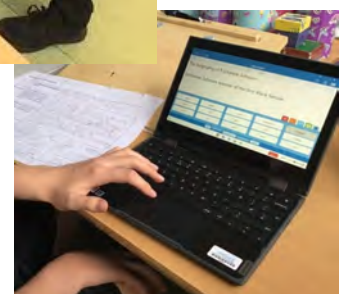


Holly class have been learning about the life of Katherine Johnson and her work during

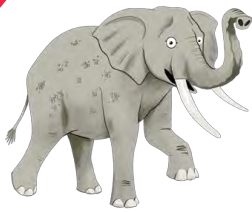
the Space Race.

We have been researching Katherine Johnson and her colleagues and we have written our own biographies.

We have also been continuing with our Comfy Cuppa enterprise, with a festive twist - we now offer mince pies!



Fabulous work Holly Class!



Elephant Class have loved learning all about Space this half-term.

We have worked really hard to name different planets and learn all about the Solar System.

Elephant Class have used their knowledge on Space to create some amazing Space themed artwork. We have made our own rockets, painted our own Solar Systems and have even designed our own aliens- they look very funny! **Brilliant work, well done.**



This half term we have been learning about Space.

Jellyfish Class have created some amazing space themed art work which has been displayed in the classroom.

To create these fabulous rocket pictures, the children used paint and sponges to make the background and then drew their own unique space rockets to stick on top. Some children decided to add planets on too.

Please look on Earwig to see these in more detail as they look incredible!

Well done to all of you.





It has been a busy half term in Dolphin class with swimming and horse riding.

We have made Rockets, become astronauts and acted out being in space. We also discovered different planets and created our own (Watch out for any aliens)!



Our book focus this half term has been 'The Darkest Dark' by Chris Hadfield. In Maths we have been making rockets out of different shapes and using our positional language to direct them.

Great work Dolphin!



This half term Crocodile class have started Life Skills lessons every week which we have absolutely loved!

We have been learning to make different things like sandwiches, fruit salad and play dough.



First we make instructions using colourful semantics and then we follow them. After that we talk and write about what we did. We have planned, learned and practised lots of new skills! **Brilliant work Crocodiles!**



Buffalo class has been learning about space. We learnt about space travel and we experimented with rockets!

In Science we have been learning about different planets and in art we made astronauts and collage rockets, using different shapes.

Amazing work!



Pathways College

We have been really impressed with progress the students have made at Pathways this Half-Term, as they continue to build their independence, communication and coping skills. It has also been a time when students and families have been visiting local colleges and making big decisions about their next placement, which will start in September next year.

At the college, the students have been cooking different meals, learning practical skills such as First Aid with the support of the Red Cross, and digging over a patch of the garden with pupils from Parkside, to create our vegetable plot ready for next year.



Outside of college we have visited Cromer, Great Yarmouth and have started to travel by bus into Norwich City Centre. Several of the students are also carrying out weekly work experience and receiving rave reviews from their employers.

The official opening of Surlingham House (Pathways College) is on the afternoon of the 15th December and it will be lovely to see some of you then, to share our story.



A Warm Welcome

We would like to introduce you to Daisy Camplin, our new Forest Schools Lead.

Daisy will be working with small groups of pupils to develop the garden at Surlingham House, the outside areas at Parkside School and to teach exciting skills such as bush craft, den building and planting.



A Big Thank You...



We would like to say a big thank you to the Parkside PFA for organising the Sparkle non uniform day and the raffle this term. We would also like to thank all of our families for their wonderful donations and contributions too.

The proceeds have funded the crackers, napkins and tablecloths at the Seasonal Lunch, making it a really memorable experience for the pupils again this year.

Father Christmas visits Parkside!



We are delighted to share the news with you, that we were lucky enough to get a visit from Father Christmas and his helper again this year.

He kindly gave every child in the school a gift and was so pleased to see so many happy faces.



Here he is in his Grotto ...



MOON BREAD RECIPE - Anna Wilson

During this half term's Space topic, some of the classes made "Moon Bread" during their food tech lessons. It was very successful and some might say that it tasted "Out of this world"!

How about having a go at making some for yourself at home?



And please send any pictures to me, Anna Wilson!



Moon



Bread



(makes 2)



Ingredients

200g Strong



Flour

1

1



teaspoon



yeast



1 teaspoon



sugar

120ml warm



water

$\frac{1}{4}$

1/4



teaspoon



salt



1 tablespoon



oil



40g cheese



Instructions



Mix

the



yeast,



sugar

and warm



water

and



stir.



Pour

this over the



flour,



salt

and



oil,



mix

with a



spoon.



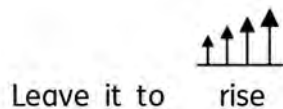
Knead

it with your



hands

for 5 minutes.



Leave it to

rise

with the



bowl

over the top.



Grate

some



cheese.



Knock the

dough

back and



share

between

2.



Half

your



piece

of



dough

and



make

2



circles.



Put the

grated cheese

in the



middle

of one



circle

then put the other



circle

on top like a



sandwich

and



squash

it together.



Put it on a



lined

baking tray

and leave it to rise for an

hour.



Cook

for



15 minutes

at

180°C

or until



golden.

SPORTS NEWS @ Parkside

PE has had a great start to the year. We have been playing Quidditch, having dance lessons with Lauren Rackham from 'No Limits dance - Norfolk' and exploring paired balances within Gymnastics.

We also had a Skipping workshop visit us for 6 classes, to teach our pupils some fun games. This has been a big success on the playground.

Lunch clubs have started meaning pupils are now enjoying the option of:

Mindfulness • Fitness • Art • Girls Football • Karaoke • Table Games • Cycling

TRIPS:

Leopard class have been to High Altitude trampolining and a mix of Senior Department pupils have taken part in a Key Stage 4 Basketball Tournament.

Turtle class have performed at a Dance festival and our U12, U16 and Girls football teams have been to a Football Festival.

Lion class have been to a Bowling event and as I write, next week Pathways will be attending Park farm Gym as part of the fitness unit of work they have been doing.

We look forward to more happening in the New Year ...



Financial Support for Families

We understand that this is a very challenging time financially for many families, so we have put some useful information together outlining support that is available. If you require any help with accessing



anything, we would be very happy to help. Please contact the office on **01603 441126**, who can put you in touch with us (Vickie and Natasha - Parent Support Advisers).

Food/Fuel: The NAS website - <https://www.norfolk.gov.uk/care-support-and-health/support-for-living-independently/money-and-benefits/norfolk-assistance-scheme> - **this is the preferred route.** Or phone **0344 800 8020** - Customer Service Centre

NAS phone line – **01603 223392** (Option 5) – voicemail available existing applications

Email nas@norfolk.gov.uk

Team Leader nathan.agate@norfolk.gov.uk

Money Support Service NCC- 01603 223392 option 4 - help with budgeting

www.norfolk.gov.uk See **Help with Living Costs** (money support, food support, free vouchers, get local support plus Emergency financial help, (Norfolk Assistance Scheme) Household Support Fund .

‘Norfolk cost of living support scheme’ – small amounts of funding for adults and children with disabilities- see www.norfolk.gov.uk

Norfolk Citizens Advice have opened Warm and Wise to help people manage their energy bills. www.ncab.org.uk and **0800 1448 848** – free confidential advice on debt and benefits

www.moneyadvicehub.org.uk – great website

Trussell Trust- ‘Help through hardship’ helpline and foodbank

0808 2082138 www.trusselltrust.org

Norfolk adult learning – offer free courses e.g. Think Food- cooking on a budget, Think Food basic cooking skills , Finance e.g. Beat the bills, Managing your Money – Search ‘adult learning’ on www.norfolk.gov.uk

Norfolk Community Foundation- charity that runs schemes including ‘Nourishing Norfolk’ and community shops **01603 623958** www.norfolkfoundation.com

Christians Against Poverty – help with budgeting- hands on support for families. They offer courses for families on budgeting- www.capuk.org

Community Action Norfolk 01362 698210 – charity offering help including warm homes and collective oil buying

Money Advice Service 0800 138 7777 Mon-Fri 8-6 – www.moneyhelper.org.uk- offers advice online
Norfolk Community Law Service – debt advice

National Debtline 0808 808 4000 Mon-Fri-9-8- www.nationaldebtline- offers advice online

Debt Support Trust www.debtsupporttrust.org.uk – debt charity offering support and solutions to become debt free with trained friendly advisors

Step Change www.stepchange.org – Debt charity **08000 138 1111** Mon-Fri- 9-5- offers advice online

Greggs Foundation – www.greggsfoundation.org.uk resources breakfast clubs (gives schools fresh bread from nearest Greggs and a grant to support start up and ongoing costs . Gives grants for white goods , beds.

Phoenix Centre Mile Cross- 01603 403814 Norfolk Knitters and Stitchers have made 'warm bags' with hats, gloves, scarves blankets, socks and hot water bottles with covers
www.thephoenixcentre@hotmail.com

Mental health and money

Mind www.mind.org.uk has a money and mental health section

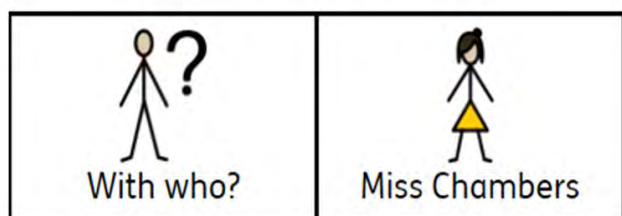
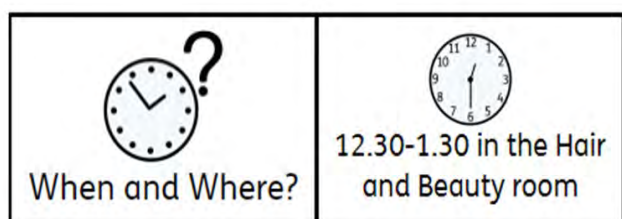
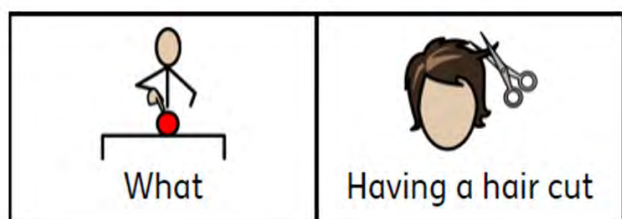
www.mentalhealthandmoneyadvice.org- clear practical advice and support for people experiencing issues with mental health and money – e.g. Welfare benefits

Things some of our network members are doing:

School food bank with contributions from parents for other families. Also using app 'Too good to waste' to access food for families

We are asking families for any uniform /clothes that their children have outgrown so that they can be offered to other families who can benefit from them . We have also asked 'Start-rite' to donate some free shoes ... Please leave any donations at the school office.

Haircuts are happening in school...



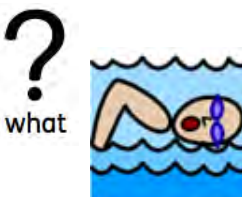




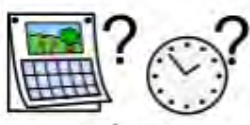



If you would like to book your child a haircut with Miss Chambers then please notify your child's class teacher.

They will inform Miss Chambers who will send you an email enabling you to pay by bank transfer.

Please note that payment will not be requested until the haircut is complete.



Swimming with Paul

 what	Private 1:1 swimming lessons  All ages Students of all ages
 who 	Paul Howe Parkside Employee 25 years swimming teaching experience Call: 07909332953
	Swimming Pool- Hewett School 137 Hall Road Norwich NR1 2RN
 when	Various slots within: Mondays: 4-5:30pm Tuesdays: 5-6pm Wednesdays: 4-6pm Thursdays: 4-6pm Fridays: 4pm-6pm
 how much?	  £22.50 for a 30 minute lesson